

Science and the Wider Curriculum - Planning and Ideas

Week Commencing: 22-6-20

Year Groups: 1/2



	Monday	Tuesday	Wednesday	Thursday	Friday
Area of Learning	<p>Subject: RE LC: Can you say how St Cuthbert and Durham Cathedral are connected?</p>	<p>Subject: Technology LC: Can you build basket for Little Red Riding Hood? Can you test the strength of your basket?</p>	<p>Subject: PE LC: Can you perform different exercises to spell your name?</p>	<p>Subject: Science LC: Can you find out about different world habitats?</p>	<p>Subject: Music LC: Can you listen to and talk about a song? Can you move to the pulse of the music? Can you learn to sing a song?</p>
Activity	<p><i>You will need: resource sheets below,</i></p> <p>Recall – Recall facts learned so far about St Cuthbert. Task 1 – Look at & talk about the images on the picture sheet – <i>Durham Cathedral, ‘The Journey’ Sculpture by Fenwick Lawson. Cuthbert’s shrine.</i> Do you recognise the place/building/sculpture? Where is it? What is the sculpture of? Have you been? Task 2 - Use the St Cuthbert Information Sheet to find out about what happened to Cuthbert after he died. Task 3 - Tell the story of The Dun Cow to discover</p>	<p><i>You will need: crafts materials such as - junk card, tubes, plastic tubs, boxes, tape, string, glue, planning sheet</i></p> <p>Task 1 – Share the story ‘Little Red Riding Hood’. Watch it here: https://www.youtube.com/watch?v=ivg_Yc-YDYo Read it here: https://www.dltk-teach.com/rhymes/littlered/story.htm Discuss what Little Red Riding Hood used to carry food to her Grandma. Task 2 – Tell your child that they need to design and make a strong basket for Little Red Riding Hood to carry food to her Grandma. Explain it needs to be strong enough to hold some pieces of fruit. Task 3 - Plan your basket design using the planning sheet – draw what your</p>	<p><i>You will need: Active Alphabet Sheet</i></p> <p>Warm Up - Warm Up by completing Andy’s wild workout. Use 1 of the links below to see it: Main Activity – Fitness Challenge Play ‘Active Alphabet’ with someone in your house. Have fun!</p>	<p><i>You will need: Researching Habitats Sheet, pencil, colouring pencils,</i></p> <p>Task 1 - Tell your child that they will be finding out about different types of world habitats. Watch the world habitat clips using the link: https://www.bbc.co.uk/bitesize/topics/zx882hv This is a repetition from the last 2 weeks as there is quite a lot of information to look at. Task 2 – Complete the online games and quizzes for each world habitat. Task 3 – Choose 1 world habitat. Draw a picture of your chosen habitat and label the plants and animals that live there. Write a sentence to describe what it is like living there Happy researching!!</p>	<p>Go to: www.durhamonlinemusic.co.uk/yumu Enter your username and password in the boxes on the screen. Click the Log in button. You’re all ready to get started.</p> <p>Complete activities for Unit: Friendship Song – Step 4. Listen & Appraise – You Give a Little Love and Friendship Song Warm Up Game – Challenge 4 Flexible Games Track – Silver Challenge Practise singing the Friendship Song – Verse 1, Verse 2, Verse 3 and Chorus Improvise with the song – Clap and improvise</p>

	<p>how Cuthbert's body eventually came to rest in Durham and why Durham Cathedral is here today.</p> <p>Task 4 -Choose 1 picture (Durham Cathedral, St Cuthbert's shrine) to cut out and stick on a piece of paper. Write sentences underneath the picture to say why Durham Cathedral is special.</p> <p>Happy researching!</p>	<p>basket will look like, add labels and make a list of the things you will use to make it</p> <p>Task 3 – Use your plan and junk material to make your basket.</p> <p>Task 4 Challenge – Test the strength of your basket by adding pieces of fruit.</p> <p>We would love to see your designs - Take a picture of your finished work and email them to us.</p> <p>Have fun!</p>			<p><i>If you have a recorder or glockenspiel you could try the instrument sections too.</i></p> <p>Have fun!</p>
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Wednesday PE – Links for Andy's Wild Workout

<https://www.bbc.co.uk/iplayer/episode/p06tmrxy/andys-wild-workouts-series-1-7-up-in-the-air>

<https://www.youtube.com/watch?v=hZLPpBACXUY&list=PLoOc9MOVgduMnQjJ56Gw5TX7wsGIF7kmv&index=11&t=0s>

Monday – RE

St Cuthbert Picture Sheet



St Cuthbert Information Sheet – Please share this information together

When Cuthbert grew older, he returned to his hermitage on Inner Farne where he died on March 20th AD 687, not alone, but with some of the Lindisfarne monks by his side.

However, Cuthbert's story does not end with his death. His body was brought back to the monastery at Lindisfarne and buried there.

After he died, people came to pray at his grave. From these prayers came claims of miracles and healing. The monks of Lindisfarne took this as a clear message that Cuthbert was a saint and that this should be made known to the world. In those days, people thought that if they prayed for help or healing, they should be close to a saint's remains.

The monks decided to recover Cuthbert's remains, which they thought would be a skeleton, from his grave eleven years later, on the anniversary of this death. This first celebration of Saint Cuthbert was to be an important day. The illuminated manuscript, known as The Lindisfarne Gospels, was to be used for the first time at this ceremony. Legend has it that when Cuthbert's remains were recovered, a complete body was found and not a skeleton; a sign, the monks believed, of a very special saint. After this event, people began to make pilgrimages to pray close to Saint Cuthbert's remains and stories of healing and miracles continued. More and more people became devoted to Saint Cuthbert.

The monastery at Lindisfarne continued for almost another hundred years until, on 8th June AD 793, Vikings attacked the island and raided the monastery. The monks were unprepared for this attack; many were killed and some were taken away to be slaves. Treasures like gold and silver were stolen and the monastery was partly destroyed. After that, the monks lived under fear of attack and eventually left Lindisfarne in AD 875. The remains of St. Cuthbert, together with other relics and treasures which had survived the Viking attack, were carried by the monks wherever they went.

The monks settled at the old Roman town of Chester-le-Street and many years later they finally settled at Durham, carrying Cuthbert's remains with them. Years later, it was decided to build a great cathedral at Durham and a new shrine in the cathedral to honour Saint Cuthbert was planned. In 1104, it was ready. The story is again told that the monks, knowing about Saint Cuthbert's preserved body in the past, opened his coffin and found that his body was still complete, over 400 years since his death. The coffin was placed in a shrine and visited by many pilgrims. At the reformation of the church, the shrine was taken apart and Cuthbert's coffin was opened. Again, the story goes that Saint Cuthbert's body was still complete.

The Story of the Dun Cow

Legend has it that at some point on the monks' journey back to Chester le-Street with the body of St Cuthbert, the cart carrying the coffin suddenly stopped and could not be moved. The leader of the community, [Bishop Aldhun](#), had a vision of St Cuthbert demanding to be taken to a place called 'Dunholme,' but nobody knew where it was.

The puzzled monks stood perplexed at how to find 'Dunholme'. Then a cow girl walked by, and asked another young woman if she had seen a lost dun (brown) cow. The young woman said she had seen the cow heading in the direction of Dunholme – and pointed out the way. The monks, who had overheard this exchange, decided to follow the cow-girl, and found that St Cuthbert's coffin moved readily in that direction. They continued along that road and got to Dunholme (Durham).



The story of the Dun Cow, as depicted in an eighteenth-century panel on the north facade of Durham Cathedral.

Planning Sheet

Can you design and make a strong basket for Little Red Riding Hood?
Can you test the strength of your basket?

Draw what your basket will look like here.
Write labels to show each part.

Make a list of things you will use to make your basket.

Active Alphabet

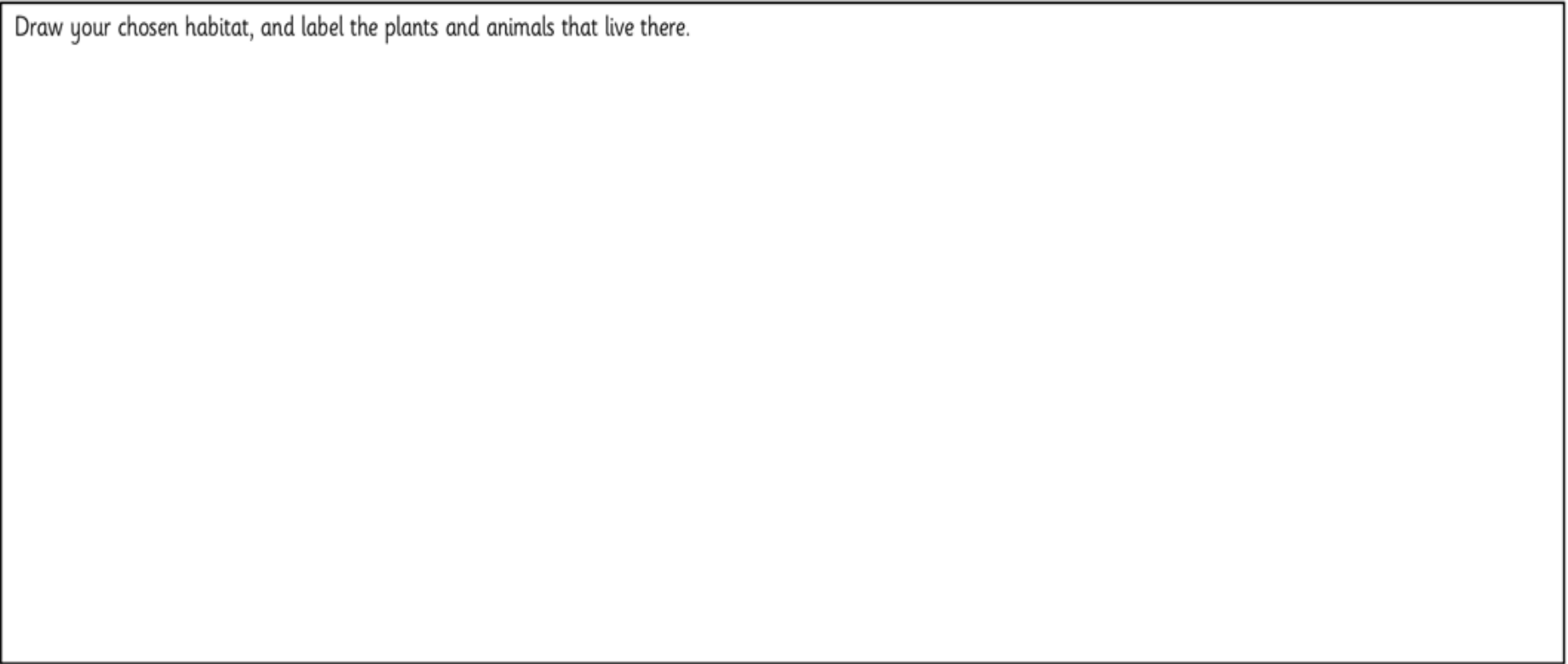
Can you spell out your full name and complete each task that is associated with each letter below?

Challenge yourself to think of different words to spell?

A	Balance on 1 leg for 10 seconds	N	Do a safe pencil roll
B	Do 40 star jumps	O	Throw a rolled-up sock at a target 3 times in a row
C	Jump side to side over a thin object (ruler, stick) 30 times	P	Do a 1 foot to 2 feet jump
D	Do a 2 feet to 1 foot jump	Q	Hop for 20 seconds
E	Do 10 sit ups	R	Do a safe egg roll
F	Skip for 40 seconds	S	Do 5 press ups
G	Do a balance with 1 hand and 1 foot	T	Do 20 high knees
H	Do 3 different types of jumps	U	Do 20 squats
I	Jog on the spot for 40 seconds	V	Dance for 1 minute
J	Jump on the spot for 30 seconds	W	Throw and catch a ball/rolled up socks 10 times
K	Do hopscotch for 20 seconds	X	Do 20 shuttle runs between 2 markers
L	Do 30 spotty dogs	Y	Do 5 burpees
M	Hold a plank for 20 seconds	Z	Think of your own 30 second active challenge

Researching Habitats

Draw your chosen habitat, and label the plants and animals that live there.



Write a sentence describing what it is like in this habitat.

Where can I complete further work?

[Twinkl](#) – Subscription service used by schools is offering a free premium service for teachers, parents and children to use whilst schools are closed. Enter the code **UKTWINKLHELPS** for access to worksheets, power points and interactive games to support all areas of learning.

[Classroom Secrets](#) – Free Maths, Reading and Grammar home learning packs and interactive resources for all ages.

[BBC Bitesize Primary](#) – Free learning resources available for KS1 and KS2 across all subjects.