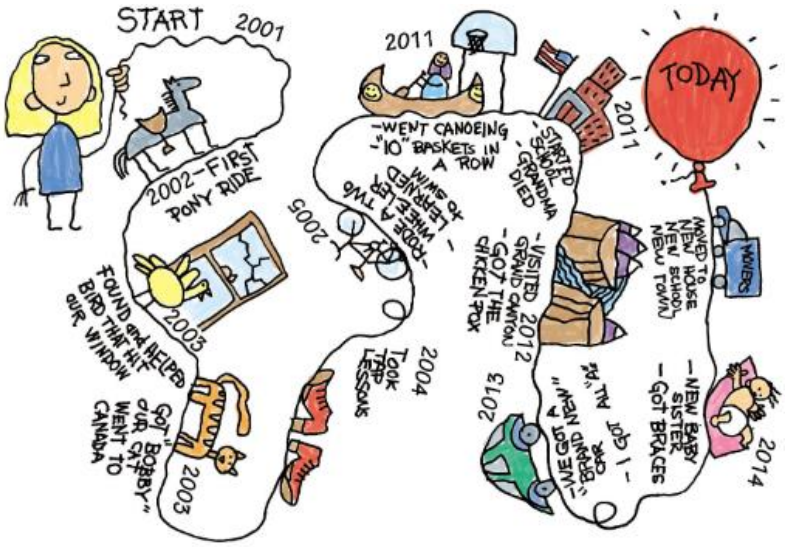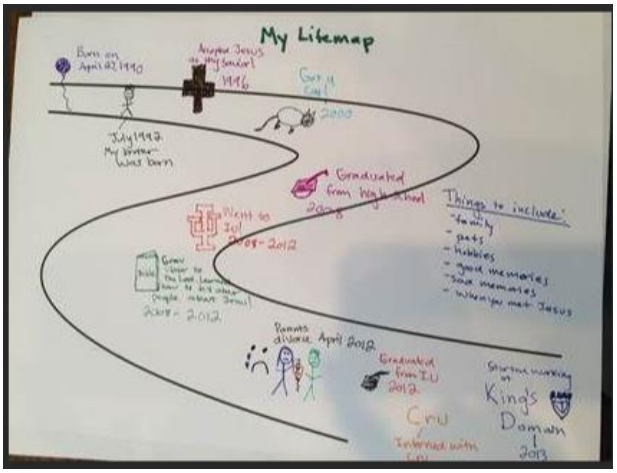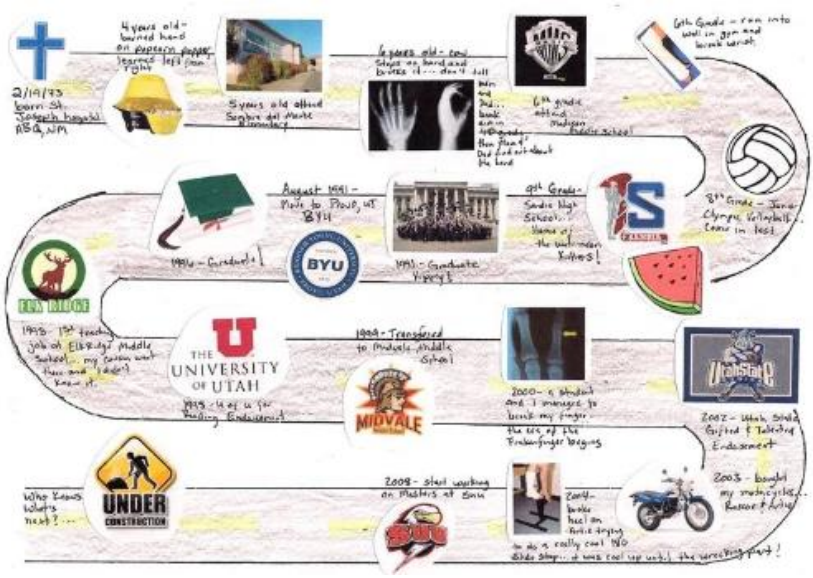Life Journey Road map ideas