

Subject: PE - Yoga

Years: 1/2

Term: Autumn

What? How?

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| Session 1 Wb 2.11.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for - Frozen https://www.youtube.com/watch?v=xlg052EKMTk |
| Session 2 Wb 9.11.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – Alice in Wonderland https://www.youtube.com/watch?v=u8sEfrXRuAw |
| Session 3 Wb 16.11.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – The Wizard of Oz https://www.youtube.com/watch?v=j_3weVPH0-U |
| Session 4 Wb 23.11.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – Harry Potter and the Philosopher’s Stone https://www.youtube.com/watch?v=R-BS87NTV5I |
| Session 5 Wb 30.11.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – Trolls https://www.youtube.com/watch?v=U9Q6FKF12Qs |
| Session 6 7.12.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – Moana https://www.youtube.com/watch?v=5y3gCrL_XIM |
| Session 7 14.12.20 | LC: Can you copy the yoga moves to tell a story? Follow the link for – Star Wars – The Force Awakens https://www.youtube.com/watch?v=coC0eUSm-pc |

